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## **Worksheet – case studies**

**Instruction: Read properly the case studies below and try to find solution. Use information from the study material.**

✓ TOPIC : AVAILABILITY OF HEALTH CARE

A woman, a widow without a child, 45 years old, living with her partner in a family house in a village in Southern Bohemia, 20km from the regional town. At 22.00, the woman suddenly became nauseous, and the violent colic pain in her loins on her right, accompanied by nausea, began. After 30 minutes, the pain doesn't stop and becomes unbearable. Blood appears in her urine. A woman and her partner do not have a car and both are non-drivers. The closest relatives are 50km away.

✓ QUESTIONS:

1. What health service can they use?
2. On what phone number can this service be called in the Czech Republic?
3. What is the time availability of this service in the Czech Republic?
4. How much does the patient pay for this service?

✓ TOPIC : HOME CARE

84-year-old patient, a diabetic, living alone in a district town in a family house. He has been cured in hospital for pneumonia and decompensated diabetes mellitus. The patient has a chronic leg ulcer in the left lower extremity requiring daily care-wound dressing and healing. The patient has been transferred from oral antidiabetic to insulin in hospital. The effort of self-service training in the application has not yet been successful for the patient's poor vision. Total self-care is reduced, otherwise the patient is compensated. The physician is considering taking home treatment, but additional follow-up support services are needed to help the patient with self-help, especially with insulin training and chronic wound care on his leg.



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✓ QUESTIONS:

1. What kind of service can a doctor prescribe to a patient?
2. Who provides this health care? What qualification does he/she need?
3. How is this care paid?
4. How often and to what extent can this care be provided?

✓ TOPIC : THE DAILY SCHEME IN INSTITUTIONAL CARE,  
PATIENT'S RIGHTS AND OBLIGATIONS

A 28-year-old man, hospitalized at the neurological department for his back pain. The patient is at the standard ward and has a quiet rest on the bed. But the patient is a strong smoker, so he goes several times a day to smoke out in front of the building or to the bathroom in the ward. He is not often in the room to receive infusion therapy, which he refuses, because he cannot go to smoke. Repeatedly, the patient gets his friends. They listen to loud music in the room and drink alcoholic beverages. He goes to sleep often long after midnight. He does not cooperate in the morning and refuses care.

✓ QUESTIONS:

1. Write down what rights and responsibilities the hospitalized patient has in hospital.
2. How the patient did not adapt to the daily mode?
3. Can the patient refuse hospital treatment, how does that work?

✓ TOPIC : BIRTH AND CHILD CARE IN THE CZECH REPUBLIC

A young 32-year-old woman, in the 8th week of pregnancy. She is expecting her first child and is a supporter of an alternative way of life. She is a vegetarian. She would want a natural birth at home, in private with her dude and a friend, with relaxing music.



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She wants quiet and undisturbed environment during childbirth and in the first days after delivery. She plans to give birth to the baby in the bath. She would like to keep umbilical cord blood for the baby.

✓ QUESTIONS:

1. Is it possible to give birth in the Czech Republic in a domestic environment?
2. What are the possibilities of alternative ways of giving birth in Czech health system?
3. Which rooms are available to women - mothers in maternity hospitals in the Czech Republic? How are they paid?
4. How is it with an accompanying person (boyfriend, husband etc.) during childbirth?
5. What about the collection of umbilical cord blood in the Czech Republic?

A 30-year-old young woman, in the 40th week of pregnancy, arrives at hospital at the maternity ward for prenatal examination. She requires a doctor to induce childbirth and to perform a caesarean section in epidural anaesthesia. The reason is that she cannot tolerate pain. She is willing to pay any amount.

✓ QUESTIONS:

1. Are induced births on demand possible in the Czech Republic?
2. Can a caesarean delivery be performed without a health indication in the Czech Republic?
3. If a medical caesarean section is indicated, how is it covered?
4. Can epidural anaesthesia be given in the Czech Republic for birth without health indication?

✓ TOPIC : DEATH, EUTHANASIA

A 54-year-old patient with pancreatic tumors with infarcted prognosis, resistant to chemotherapy. Hospitalized to the Department of Oncology.



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Only treated symptomatologically - pain, nutrition. The family is interested in being close to a patient and in the last few moments to say goodbye to her. The woman is exhausted, asks the doctor for the end of her life.

✓ QUESTIONS:

1. Is assisted suicide or euthanasia possible in the Czech Republic?
2. What care is available and where can a patient live with dignity in a family surrounding?